

# Nat-Lax<sup>®</sup> TNT

## FAST-ACTING HERBAL COLON BLEND FOR BOWEL HEALTH SUPPORT



### Powerful intestinal cleanser

A fast-acting colon cleanser, designed for the chronically constipated in need of strong treatment for a blocked bowel.

A powerful intestinal cleanser, which will "blast loose" residual intestinal congestion and get any bowel cleanse programme off to a good start.

Originally based on a **Dr. John R. Christopher** formula, this tried and tested combination of active ingredients is known as the **ultimate herbal laxative**.

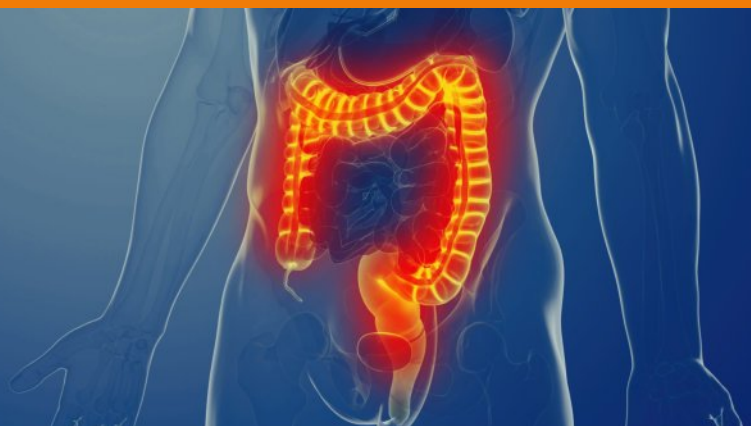
Purgatives have been combined with carminatives to prevent griping. **Sugar beet fibre** has also been added to the formula, to offer specific support for an increase in faecal bulk and normal bowel function (**backed by science**).

This popular herbal combination is used extensively by **colonic hydrotherapists** in combination with colonic hydrotherapy treatments.

### BENEFICIAL FOR...

- Bowel health
- Colon cleansing (laxative)
- Faecal bulk / elimination
- Chronic constipation
- Diverticular disease
- Intestinal congestion
- Detoxification
- Fibre intake
- Dysbiosis
- Digestion
- Bowel regularity and function
- Lower bowel function
- Irritable Bowel Syndrome
- Gastrointestinal secretions
- Gas / bloating

*As used by colonic hydrotherapists*



# About the ingredients...

**Rhubarb:** Rhubarb is particularly effective at interacting with the digestive system. It contains **anthraquinones**, including rhein and emodin and their glycosides (e.g. glucorhein), which impart cathartic and **laxative** properties. It is therefore very useful as a cathartic in case of constipation. It is a naturally strong herbal laxative, astringent-bitter, **gastric stimulant**, anti-inflammatory, stomachic, tonic and antiseptic. Also used for disorders of the liver, gallbladder and stomach.



**Glucomannan:** Glucomannan is a water-soluble **dietary fibre** that has shown to be effective as a **bulk-forming laxative**. It is derived from **konjac root** (*Amorphophallus konjac*) and is particularly effective in the treatment of **constipation**. It has also been used in the treatment of **diverticular disease** - clinical studies\* have found that people with the disease had reduced symptoms after taking glucomannan.

\*<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10044695/>

\*<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5331592/>

**Cayenne pepper:** Regarded by most herbalists as the purest and safest **stimulant** known. Cayenne opens up every tissue in the body to help increase the **flow of blood**. It is also used in the treatment of poor **digestion** and to increase **gastrointestinal secretions**. Acts as an anti-spasmodic for relief of pain, as well as a carminative.



**Sugar beet fibre:** This fibre has been included in the formula because it has been **scientifically proven\*** to contribute to an **increase in faecal bulk** in two ways:

- the insoluble components of the fibre increase faecal bulk by absorbing water in the large intestine
- while the soluble components are fermented by bacteria in the large intestine leading to an increase in bacterial mass.

As such, this source of fibre may have a beneficial physiological effect for people who want to improve or maintain **normal bowel function**.

\*<http://onlinelibrary.wiley.com/doi/10.2903/j.efsa.2011.2468/epdf>



**Dandelion root:** Among other things, dandelion root and other plants of the dandelion have been used as a **gentle laxative**, a **digestive aid**, to treat **liver** and kidney problems and to relieve inflammation, boils, fever and diarrhoea. Dandelion root is also known to stimulate the appetite.

**Aloe vera leaf:** Aloe vera contains chloride, which eases the process of **bowel release** by increasing the water level in the stool. Its **laxative effect** is also derived from its inner skin in the form of a yellow, bitter liquid called aloin. This substance, when left to dry, turns into powder that is used to create laxatives. Aloe contains compounds called **anthraquinones**, including aloin, aloe-emodin, barbaloin and aloetic acid. Together, these compounds provide powerful relief for **constipation**.



**Ginger root:** Alleviates occasional **gas, bloating** and nausea. Ginger is known as a hot bitter herb, which promotes gastric acidity and aids in **digestion**. It is used for many stomach conditions as it has anti-inflammatory, carminative, anti-spasmodic, expectorant (increases bronchial mucous), vasodilator and circulatory stimulant properties. It is also used to promote gastric secretions and in cases of achlorhydria (absence or reduction of hydrochloric acid in stomach juices).



**Nettle leaf:** This herb is high in chlorophyll, vitamins (including vitamin C), serotonin, histamine, acetyl-choline, minerals (including iron), calcium, silica and a range of other **cleansing** and protective nutrients. This means that nettles are a great tonic for those feeling tired or run down, as they re-build and cleanse the system (including your liver and blood). A lesser-known effect of nettle leaf is its ability to **gently stimulate the bowels** and also act as a **diuretic**.



# About the ingredients...

**Barberry bark:** This bark contains an alkaloid known as berberine and supports **liver**, gallbladder, spleen and **bowel function**. It also has an antiseptic and anti-bacterial effect when taken orally. It is useful against **dysbiosis**, stimulates **bile flow**, eases liver congestion, is ideal for an inflamed gallbladder and also for **intestinal inflammation**. It acts as a spleen and pancreas tonic.

**Black garlic:** Garlic has a wide range of beneficial properties, including anti-bacterial, anti-parasitic, anti-spasmodic, anti-dyspeptic, anti-blood-clotting, cholesterol-lowering, triglyceride-lowering and blood pressure-lowering. It has been used to treat everything from dysentery, typhoid and cholera, to bacterial food poisoning and intestinal worms. It helps to **heal the bowel** with its anti-bacterial actions and is used as a cholagogue to help stimulate the **discharge of bile**.

## What is black garlic and why is it different?

Black garlic was born in Korea and is raw garlic that has been fermented. Raw garlic is placed in a humidity and temperature controlled room for 30 days then moved to another room for 45 days to 'oxidize'. This process creates garlic that is black in colour, softer in texture and has a more mild taste.

As raw garlic breaks down during fermentation, **antioxidant levels** increase. Black garlic also contains more **sulphur** compound regular garlic. One very important compound is s-allyl-cysteine or SAC; black garlic contains 5.84mg of SAC as opposed to raw 0.32mg content. This compound is more stable than allicin and is easily absorbed by the body.



**Nat-Lax TNT is available for re-sale under your own label (or our label)  
and can be dropshipped by us.**

*\*See our Trade Price List for trade prices, RRP's, discounts, dropshipping rates etc.*